NUTRITION (NUTR)

NUTRITION
NUTR 101 3 Credits/Units
33 hours of lecture
Prerequisite: A grade of “C” or better in CHEM 121 or higher.
Examines the scientific, economic, cultural, ethnic, and psychological implications of nutrition in relation to health across the lifespan and in the context of healthcare professions. Covers principles of balance nutrition, physiology and metabolism of nutrients, and changing nutritional needs throughout the human life span. [NS]

NUTRITION IN HEALTHCARE II
NUTR 139 1 Credit/Unit
11 hours of lecture
Concurrent enrollment in NURS 135, 136, 137, 138.
Prerequisite: A grade of "C" or better in NUTR 101 and successful completion of the 1st and 2nd terms of the Nursing Program.
Examines the scientific, economic, cultural, ethnic, and psychological implications of nutrition in relation to health across the lifespan and in the context of healthcare professions. This course will cover the principles of nutrition in nursing and nutrition in health promotion from infants to older adults.

NUTRITION IN HEALTHCARE III
NUTR 240 1 Credit/Unit
11 hours of lecture
Concurrent enrollment in NURS 241 and 242.
Prerequisite: A grade of "C" or better in NUTR 101, NUTR 139 and successful completion of the first year of the Nursing Program.
Builds on the concepts introduced in NUTR 101 and NUTR 139.
Examines of the scientific, economic, cultural, ethnic, and psychological implications of nutrition in relation to health across the lifespan and in the context of healthcare professions. This course will cover nutrition in the nursing clinical practice including nutrition needs and limitations of patients with acute and chronic illnesses. [NS]