

NUTRITION (NUTR/NUTR&)

Nutrition	In	Healthcare	I
NUTR 139			1 Credit/Unit

1.0 hours of lecture

Admission into the program required for enrollment. Examines the scientific, economic, cultural, ethnic, and psychological implications of nutrition in relation to health across the lifespan and in the context of healthcare professions. This course will cover the principles of nutrition in nursing and nutrition in health promotion from infants to older adults. [GE, NS, SE]

Nutrition	In	Healthcare	II
NUTR 240			1 Credit/Unit

1.0 hours of lecture

Admission into the program required for enrollment. Builds on the concepts introduced in NUTR& 101 and NUTR 139. Examines of the scientific, economic, cultural, ethnic, and psychological implications of nutrition in relation to health across the lifespan and in the context of healthcare professions. This course will cover nutrition in the nursing clinical practice including nutrition needs and limitations of patients with acute and chronic illnesses. [GE, NS, SE]

Nutrition		
NUTR& 101		3 Credits/Units

3.0 hours of lecture

Prerequisite: CHEM& 121 or higher (grade of "C" or higher)

Examines the scientific, economic, cultural, ethnic, and psychological implications of nutrition in relation to health across the lifespan and in the context of healthcare professions. Covers principles of balance nutrition, physiology and metabolism of nutrients, and changing nutritional needs throughout the human life span. [GE, NS, SE]